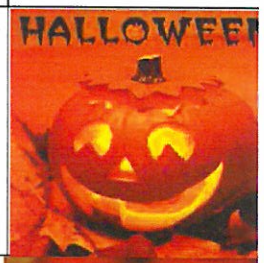
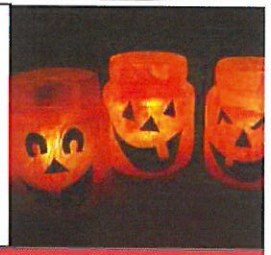
OCTOBER 2016 KINROSS-RUDYARD

SUN	MON	TUE	WED	THUR	FRI	SAT
	3 SHEPPARD'S PIE COLESLAW BISCUIT APPLE CRISP	4 MAC & CHEESE MIXED VEGGGIES SPRING SALAD PLUMS	5 PORK ROAST SOUR CR. & CHIVE POTATOES GREEN BEANS APPLESAUCE	6 BREADED CHICKEN BREAST OVEN POTATOES SPINACH PEACHES	7 TUNA NOODLE CASSEROLE BISCUIT CONFETTI CORN BANANA	
	10 SWISS STEAK MASHED POTATO CARROTS ORANGE	11 BBQ CHICKEN BAKED BEANS MIXED VEGGIES COOKIE	12 GOULASH GLAZED CARROTS SALAD PEAR CUP	13 HAM SWEET POTATO BUTTER BEANS FRUIT COBBLER	14 TURKEY ON A CROISSANT POTATO SALAD COLESLAW MELON	
	17 SPAGHETTI & MEATBALLS ASPARAGUS BERRY CUP	18 PIZZA PICKLED BEET & ONION SALAD BAKED FRUIT BONANZA	19 CHICKEN BREAST WINTER BLEND SWEET POTATO PINEAPPLE SALAD	20 MEATLOAF MASHED POTATOES GREEN BEANS COOKIE	21 SCRAMBLED EGGS W/CHEESE SAUSAGE LINKS HASH BROWNS MINI FRUIT DANISH SCALLOPED PEACHES	
	24 SLOPPY JOE HOME FRIES CONFETTI CORN BROWNIE	25 EGG SALAD SANDWICH CHICKEN NOODLE SOUP CUCUMBER SALAD TROPICAL FRUIT	26 ROAST BEEF MASHED POTATOES BRUSSEL SPROUTS BANANA	27 BAKED CHICKEN ROASTED REDSKINS BROCCOLI APRICOTS	28 FISH BROWN RICE W/ WHOLE GRAIN BLEND PEAS & CARROTS ORANGE	
	31 SALISBURY STEAK MASHED POTATOES GREEN BEANS ORANGE		ALL MEALS SERVED WITH BREAD & MILK Meals served at 12:00	THIS MONTHLY MENU MAY CHANGE DUE TO CIRCUMSTANCES OUT OF OUR CONTROL	MEALS BROUGHT TO YOU BY CLM COMMUNITY ACTION AGENCY *YOUR DONATIONS* *ARE APPRECIATED*	

KINROSS SERVING: M-W-F 906 495-5381 RUDYARD SERVING: T-W-TH 906 478-5041